

# Packing List 1-Day Horseshoe Bend Kayaking Adventure



## PACKING OVERVIEW

Even though this is a day trip, it is still an expedition through a very remote area and a place of extremes. You'll be out in the elements of Arizona for up to a full day. Here's what you need to know:

### THE WATER IS COLD!

The Colorado River water is around 50°F - 68°F throughout the year. No matter what time of year you are out there, we highly recommend you bring sun protection.

### BE PREPARED

Floating this river is a wilderness experience and there will be times that there are no other boats or people on the river. Be prepared for an emergency whether it be weather, medical, or accident. Carry a lighter or matches, flashlight, change of clothing, rain jacket, cell phone, whistle, medications, extra food and water. If you have an allergy to bee or wasp stings be sure to bring Benadryl or an epi-pen. An adequate first aid kit is always a good idea. Ideally, all this gear packs in a water tight bag.

### WEATHER

We recommend checking the weather for Lees Ferry, Arizona the day of your rafting trip.

### KEEP THINGS DRY

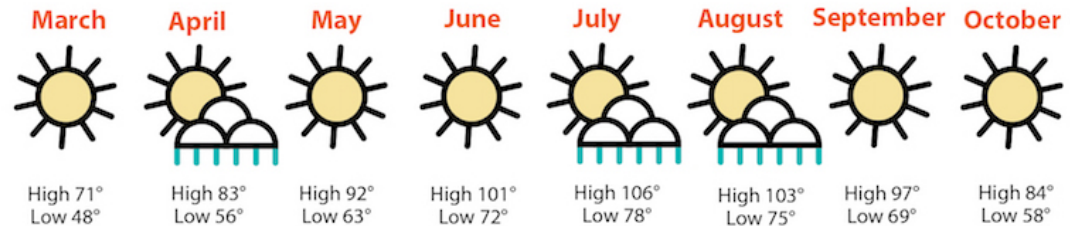
It is recommended that you bring a dry bag for items you don't want to get wet.

### ARIZONA SUN

Protect yourself from the intense desert sun. Wear a long-sleeved shirt and a wide-brimmed hat to prevent sunburn on your upper body. Sunscreen, lip balm, and sunglasses are necessary. Lightweight long pants may also be appropriate to protect your legs.

### LAYER UP

Start with a swimsuit and/or swim trunks under a base layer. Additional layers for sun protection or insulation can be added and subtracted depending on the weather and temperature.



### FORGET YOUR FLIP FLOPS

Wear a shoe that drains water, dries easily, protects your toes, and will not come off when swimming. Sport sandals like Texas or Keens with a heel strap are a good option. A retired pair of athletic shoes can work, but are often slower to dry. You will definitely want solid shoes if you decide to hike a side canyon.

# Packing List

Our suggested packing list is meant to prepare you for all types of weather and the strong Arizona sun. We know that the difference between an enjoyable experience and a miserable one can often come down to what you bring.



Visit our website to see our favorite gear and adventure essentials.

## Rivers & Oceans' Recommended Gear

Please note this gear is for all river trips and is not specific to the 1 day trip

## THE ESSENTIALS

- \*Day pack big enough to carry extra clothing, food, sunscreen, etc.
- Rain gear (check weather forecast)
- At least two to three 1-liter water bottles or hydration pack
- First Aid Kit
- Polarized sunglasses with securing strap
- Sunscreen and lip protection (waterproof and SPF 30 or higher - aerosol sprays are not recommended)
- Hat that can provide sun protection with chin strap
- Food and Snacks for your time on the water
- Cash for gratuities

## OPTIONAL ITEMS

- High quality waterproof case and/or dry-bag for cell phone or other electronics
- Sarong (useful for sun protection/ changing clothes)
- Binoculars
- Camera
- Bandana
- Change of comfortable clothes stored in your car for once you get off the river

\*You can make this work with a backpack for non-electronic stuff. If you do, we recommend lining your bag with a trash compactor bag, but a dry bag is the best option.



# Rivers & Oceans

Office Hours: Monday-Friday 9 a.m. - 4 p.m. MST

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After Hours Phone: 888.244.2224\*

\*This number should be used if you need to reach the Outfitter after business for your trip, or for additional information hours if you are running late regarding a trip.